



GOLDEN GATE YACHT CLUB
SAILING INSTRUCTIONS
2009 ISLANDER 36 NATIONAL REGATTA
October 3rd 2009

1. RULES:

1.1 The regatta will be governed by the rules as defined by the Racing Rules of Sailing (RRS), 2009-2012. Boats shall not impede the passage of a vessel which can safely navigate only within a narrow channel or fairway, (see US Dept of Commerce chart 18649 for designated narrow channels and fairways of SF Bay) or fishing or other vessels with restricted ability to maneuver. Boats identified who endanger their own safety, other sailboats, or that of a commercial or government vessel will be subject to protest by the Race Committee or contestant and face possible disqualification. RRS 60.3 is modified to add (d) to read: A hearing for allegations of the above will be instigated by a protest committee if notified by government, commercial or individual vessel of possible infraction. It shall also extend the time limit under RRS 61.3 to accept the information. A DSQ for a safety violation shall be considered as a disqualification not excludable (DNE).

1.2 Boats must comply with the United States Coast Guard's requirements for recreational vessels, RRS 1.2 and minimum additional equipment prescribed by her Chartered Association.

1.3 Competitors shall wear Personal Flotation Devices while racing. This is a change to RRS 40. The "Y" flag will not be displayed.

2. ENTRY: Any Islander 36 yacht in good standing with the I36 Association, and meeting the one design status of the fleet as determined by the fleet measurer, is eligible. Eligible yachts may enter the series by submitting an entry form to the Islander 36 Association.

3. COMMUNICATION WITH COMPETITORS:

3.1 Notices to competitors will be posted at the Golden Gate Yacht Club's official notice board located in the window on the west side of the interior entrance into the club. They will also be posted on the Islander 36 website.

3.2 Any changes to the sailing instructions will be approved by the Race Committee, posted on the official notice board and the Islander website no later than 17:00 hours on the Friday immediately preceding the race.

3.3 It is the intention of the Race Committee to broadcast the starting sequence on VHF radio Channel 72.

3.4 In emergencies, competitors may contact the race committee on VHF channel 72.

3.5 Signals will be displayed from the halyards on the flag pole located on the race deck of the Golden Gate Yacht Club.

4. FLAGS:

4.1 Islander 36 flags must be flown prominently and remain hoisted while in port.

5. COURSE:

5.1 The courses and marks are described on the attached Course Sheet.

5.2 A code flag designating the course will be displayed with the Warning Signal from a halyard on the flag pole located on the race deck of the Golden Gate Yacht Club.

5.3 Two races are scheduled for the day. A third will be conducted if needed as a tie-breaker.

6. STARTING SEQUENCE:

6.1 The Warning signal is scheduled for 12:00 hours. Races will be started in accordance with RRS 26. Times shall be taken from the visual signal. The failure of a sound signal shall be disregarded.

6.2 The second and third (if held) races shall begin 10 minutes after the final boat in the prior race crosses the finish line.

7. STARTING LINE: The starting line shall be between buoy "X" and the orange placard on the Golden Gate Yacht Club's race deck.

8. RECALLS:

8.1. For RRS 29.1 , the Race Committee may attempt to hail the sail number of any yacht being recalled via the public address system or on VHF Channel 72.

8.2 The finish line shall be between Buoy "X" and the orange placard on the Golden Gate Yacht Club race deck.

9. TIME LIMIT:

Yachts must finish no later than 20 minutes after the first boat in the race or they will be scored "DNF". Sunset will be defined by the latest "Tides and Currents" handbook.

10. PROTESTS:

Protests involving a serious violation will be heard by the protest committee. Protests shall be written in ink on standard US Sailing protest forms available from the Race Committee and must be lodged with the race committee within 60 minutes after the last yacht has finished.

11. SCORING:

11.1 The Low Point Scoring System RRS A4.1 will be used to score finishing boats.

11.2 Refer top Sailing Instructions, Rule 1 re: Safety Violation.

11.3 Each yacht must complete all races.

12. AWARDS:

12.1 Trophies will be awarded Saturday after all races have been completed. Awards will be presented to first, second and third place boats.

12.2 All boats will receive recognition of their participation.

12.3 An appetizer buffet will be provided.

12.4 All skippers, crew, family, friends and race supporters are encouraged to attend the awards presentation.

COURSE SHEETDistance in nautical miles**COURSES:**

1.	X	16S	6S			X	3.4	
2.	X	16P	6P			X	3.4	
3.	X	16S	XS	16S	6S	X	5.7	
4.	X	16P	XP	16P	6P	X	5.7	
5.	X	16S	AS	16S	6S	X	5.4	
6.	X	16P	AP	16P	6P	X	5.4	
7.	X	16S	17S	6S	16S	6S	X	8.5
8.	X	16S	18S	AS	6S	X	7.3	
9.	X	AS	18S			X	4.1	
10.	X	6S	18S			X	5.4	

MARKS:

S = STARBOARD

P = PORT

A = YELLOW SPHERE "a" OUTER BUOY ST. FRANCIS YACHT CLUB

X = YELLOW AND BLUE SPHERE "X" GOLDEN GATE YACHT CLUB

6 = YELLOW SPHERE "M" 200 YDS NORTH OF FT. MASON DOCKS

2 = ALCATRAZ ISLAND

16 = YELLOW SPHERE "C" NM EAST OF FORT POINT (BLACKALLER BUOY)

17 = RD "HR" 1 QK FL R HARDING ROCK

18 = GR "BR" FL (2+1) G 6S BELL BLOSSOM ROCK

RESTRICTED AREAS:

a. BETWEEN ANITA ROCK AND ITS LIMITING BUOY

b. BETWEEN ANITA ROCK AND THE SHORE TO ITS SOUTH

c. BETWEEN THE VERTICAL "H" BEAM 20 YARDS WEST OF THE ST. FRANCIS YACHT CLUB AND THE SHORE TO ITS SOUTH

d. ACROSS THE START/FINISH LINE EXCEPT WHEN PREPARING TO START, STARTING, OR FINISHING